

There's a new mascot in town



Neal is making the rounds in Twin Rivers, encouraging healthy eating habits. Most recently he was spotted at Morey Avenue Early Childhood Development Center, celebrating Read Across America.

The Nutrition Services mascot, Neal the Nutritional SEAL (Smart Eating Active Living), brought along his favorite book to read to a kindergarten class. "Neal Loves Rainbows" is an original story created by the district's nutritionist, Lisa Vorce, R.D.

"Neal Loves Rainbows" is an interactive story that teaches students the importance of choosing a variety of fruits and vegetables. Field Supervisor Gigi Hahner read Neal's story to the students while Neal helped them make a rainbow with fruits and vegetables.

Students loved the colorful story and were excited to meet Neal, who was invited to come back to Morey and visit more classes with his nutritional lesson.

For more information about Neal, the Twin Rivers Nutritional SEAL, please contact Director Jill Van Dyke at (916) 566-1600 ext. 50500.